

# ACUTE CONCUSSION EVALUATION (ACE)

Physician/Clinician Office Version

Gerard Gioia, PhD<sup>1</sup> & Micky Collins, PhD<sup>2</sup>

<sup>1</sup>Children's National Medical Center  
<sup>2</sup>University of Pittsburgh Medical Center

Patient Name \_\_\_\_\_  
 DOB: \_\_\_\_\_ Age: \_\_\_\_\_  
 Date: \_\_\_\_\_ ID/MR# \_\_\_\_\_

**A. Injury Characteristics** Date/Time of Injury \_\_\_\_\_ Reporter:  Patient  Parent  Spouse  Other \_\_\_\_\_

1. Injury Description \_\_\_\_\_

- 1a. Is there evidence of a forcible blow to the head (direct or indirect)?  Yes  No  Unknown  
 1b. Is there evidence of intracranial injury or skull fracture?  Yes  No  Unknown  
 1c. Location of Impact:  Frontal  Lft Temporal  Rt Temporal  Lft Parietal  Rt Parietal  Occipital  Neck  Indirect Force  
 2. **Cause:**  MVC  Pedestrian-MVC  Fall  Assault  Sports (specify) \_\_\_\_\_ Other \_\_\_\_\_  
 3. **Amnesia Before (Retrograde)** Are there any events just BEFORE the injury that you/ person has no memory of (even brief)?  Yes  No Duration \_\_\_\_\_  
 4. **Amnesia After (Anterograde)** Are there any events just AFTER the injury that you/ person has no memory of (even brief)?  Yes  No Duration \_\_\_\_\_  
 5. **Loss of Consciousness:** Did you/ person lose consciousness?  Yes  No Duration \_\_\_\_\_  
 6. **EARLY SIGNS:**  Appears dazed or stunned  Is confused about events  Answers questions slowly  Repeats Questions  Forgetful (recent info)  
 7. **Seizures:** Were seizures observed? No  Yes  Detail \_\_\_\_\_

**B. Symptom Check List\*** Since the injury, has the person experienced any of these symptoms any more than usual today or in the past day?

Indicate presence of each symptom (0=No, 1=Yes).

\*Lovell & Collins, 1998 JHTR

PHYSICAL (10)		COGNITIVE (4)		SLEEP (4)	
Headache	0 1	Feeling mentally foggy	0 1	Drowsiness	0 1
Nausea	0 1	Feeling slowed down	0 1	Sleeping less than usual	0 1 N/A
Vomiting	0 1	Difficulty concentrating	0 1	Sleeping more than usual	0 1 N/A
Balance problems	0 1	Difficulty remembering	0 1	Trouble falling asleep	0 1 N/A
Dizziness	0 1	<b>COGNITIVE Total (0-4)</b> _____		<b>SLEEP Total (0-4)</b> _____	
Visual problems	0 1	<b>EMOTIONAL (4)</b>		<b>Exertion:</b> Do these symptoms <u>worsen</u> with: Physical Activity <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> N/A Cognitive Activity <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> N/A  <b>Overall Rating:</b> How <u>different</u> is the person acting compared to his/her usual self? (circle) Normal 0 1 2 3 4 5 6 Very Different	
Fatigue	0 1	Irritability	0 1		
Sensitivity to light	0 1	Sadness	0 1		
Sensitivity to noise	0 1	More emotional	0 1		
Numbness/Tingling	0 1	Nervousness	0 1		
<b>PHYSICAL Total (0-10)</b> _____		<b>EMOTIONAL Total (0-4)</b> _____			
<b>(Add Physical, Cognitive, Emotion, Sleep totals)</b>					
<b>Total Symptom Score (0-22)</b> _____					

**C. Risk Factors for Protracted Recovery** (check all that apply)

Concussion History? Y ___ N ___	✓	Headache History? Y ___ N ___	✓	Developmental History	✓	Psychiatric History
Previous # 1 2 3 4 5		Prior treatment for headache		Learning disabilities		Anxiety
Longest symptom duration Days ___ Weeks ___ Months ___ Years ___		History of migraine headache ___ Personal ___ Family _____		Attention-Deficit/ Hyperactivity Disorder		Depression
If multiple concussions, less force caused reinjury? Yes ___ No ___				Other developmental disorder _____		Other psychiatric disorder _____

List other comorbid medical disorders or medication usage (e.g., hypothyroid, seizures) \_\_\_\_\_

**D. RED FLAGS for acute emergency management:** Refer to the emergency department with sudden onset of any of the following:

- \* Headaches that worsen
- \* Looks very drowsy/ can't be awakened
- \* Can't recognize people or places
- \* Neck pain
- \* Seizures
- \* Repeated vomiting
- \* Increasing confusion or irritability
- \* Unusual behavioral change
- \* Focal neurologic signs
- \* Slurred speech
- \* Weakness or numbness in arms/legs
- \* Change in state of consciousness

**E. Diagnosis (ICD-10):**  Concussion w/o LOC S06.0X0A  Concussion w/ LOC S06.0X1A  Concussion (Unspecified) S06.0X9A  Other (854) \_\_\_\_\_  
 No diagnosis

**F. Follow-Up Action Plan** Complete ACE Care Plan and provide copy to patient/family.

- No Follow-Up Needed  
 Physician/ Clinician Office Monitoring: Date of next follow-up \_\_\_\_\_  
 Referral:  
 Neuropsychological Testing  
 Physician: Neurosurgery \_\_\_ Neurology \_\_\_ Sports Medicine \_\_\_ Physiatrist \_\_\_ Psychiatrist \_\_\_ Other \_\_\_\_\_  
 Emergency Department

ACE Completed by: \_\_\_\_\_ MD RN NP PhD ATC